

ANTI-BULLYING PLAN 2023

Leeton High School

Bullying behaviour has three key features. It involves the intentional misuse of power in a relationship. It is ongoing and repeated, and it involves behaviours that can cause harm. The NSW Department of Education requires all NSW public schools to have an Anti-bullying Plan which details the strategies implemented to reduce student bullying behaviours.

Resources

The NSW anti-bullying website (see: <https://antibullying.nsw.gov.au/>) provides evidence-based resources and information for schools, parents and carers, and students. Schools are encouraged to visit the website to support whole-school prevention, early intervention and response approaches and strategies for student bullying behaviour.

Leeton High School's commitment

Our school rejects all forms of bullying behaviours, including online (or cyber) bullying by maintaining a commitment to providing a safe, inclusive and respectful learning community that promotes student wellbeing. Executive staff are committed to establishing evidence-based approaches and strategies that promote a positive climate where bullying is less likely to occur.

1 School culture and inclusion

All members of the school community are active participants in building a welcoming school culture that values diversity and fosters positive relationships. A key component of a supportive school culture is building respectful relationships and an ethos that bullying is not accepted, in both online and offline environments. School staff will actively respond to student bullying behaviour.

Our school engages in the following practices to promote a positive school culture.

1.1 Student assemblies

Student bullying and expectations about student behaviour will be discussed and information presented to promote a positive school culture where bullying is not accepted.

Dates	Communication topics
Fortnightly	Whole school assemblies (eg Respectful, responsible behaviour clarified through school common PBL values)
Fortnightly	Year meetings (eg, 'What is Bullying?' focus, using resources from Bullying No Way!, exploring resilience, and a focus on positive, respectful talk and other age appropriate strategies)
Weekly	PBL- how to be a good friend/toxic friendships/bystander v upstander; using social media responsibly and a plethora of other wellbeing driven themes
As required	Wellbeing Hub-interventions (providing information on safe places, resilience-building strategies, social skills support, promoting positive friendships, exploring how to be an upstander not a bystander and other

1.2 Staff communication and professional learning

Staff will be supported with professional learning that provides evidence-based ways to encourage and teach positive social and emotional wellbeing and discourage, prevent, identify, and respond effectively to student bullying behaviour.

Dates	Communication topics and Professional learning
As required	Coach2Cope- recognising triggers that elevate distress in young people and how to best respond
Term 2 2022	Trauma Informed Practice - 4 sessions to assist in responding and understanding negative behaviours in response to trauma
Fortnightly	PBL team - data report produced and analysed, which then informs PBL lesson planning based on school-specific data
2023 (May 2023)	Review of Anti-bullying Plan/ update current anti-bullying response procedures - review procedures with school Executive and whole staff via our Wellbeing Team

1.3 New and casual staff

New and casual staff will be informed about our school's approaches and strategies to prevent and respond to student bullying behaviour in the following ways.

At Leeton High School:

-All Staff

- *Information is provided in a handout to staff and casual teachers when they enter on duty at the school via staff handbook
- *The handout contains the procedures and plans to follow when dealing with bullying
- *Student Diary 2023 contains the Bullying Information page outlining behaviours and consequences
- *PBL response flowchart is provided for staff to follow when issues arise in class or in the playground
- *An Executive staff member speaks to new and casual staff when they enter on duty at the school

-Executive staff

- *The Principal works with new Executive staff when they enter on duty at the school, as part of the new staff induction process.

2 Partnerships with families and community

Effective schools have high levels of parental and community involvement. This involvement is strongly related to improved student learning, attendance and behaviour. Our school proactively builds collaborative relationships with families and communities to create a shared understanding of how to support student learning, safety and wellbeing.

2.1 Website

Our school website has information to support families help their children to regulate their emotions and behaviour and develop socially. Information is provided to assist if children have been involved in bullying behaviour (as the person engaging in bullying behaviour, as the person being bullied or as the person witnessing the bullying behaviour).

The following are published on our school's website. Check the boxes that apply.

- School Anti-bullying Plan NSW Anti-bullying website Behaviour Code for Students

2.2 Communication with parents

Our school will provide information to parents to help promote a positive school culture where bullying is not acceptable and to increase parent's understanding of how our school addresses all forms of bullying behaviour.

Dates	Communication methods and topic
Ongoing	Social Media - facebook used to promote Anti-Bullying messages at LHS
Fortnightly	LHS Newsletters - sharing of resources and information on Anti-Bullying approaches
Ongoing	School website - DoE resources, student/parent information, Anti-Bullying plan and sharing resources
Termly	Year 6 Transition-Wellbeing Day/Year 6 information/ taster lessons/school visits/EXPO

3 Support for wellbeing and positive behaviours

Our school's practices support student wellbeing and positive behaviour approaches that align with our school community's needs.

Social and emotional skills related to personal safety, resilience, help-seeking and protective behaviours are explicitly taught across the curriculum in Personal Development, Health and Physical Education (PDHPE).

Examples of other ways our school will embed student wellbeing and positive behaviour approaches and strategies in practices include the following.

- SRC (Student Representative Council) - promoting student voice, key programs and initiatives e.g. - MND (Motor Neurone Disease Day)
- School Leaders - fundraising to support important causes e.g. Black Dog Institute
- Positive Behaviour for Learning (PBL) - electronic tickets, PBL draws and MEGA draws acknowledging our students as responsible, responsible, learners
- Merit Award System
- RU OK? Day
- No Way Bullying!
- Harmony Day
- Pride Day
- NAIDOC celebrations
- Headspace Mental Health Awareness Day
- White Ribbon Day
- International Women's Day

Completed by: Tracey Byrne

Position: Head Teacher Welfare

Signature: **BYRNE, TRACEY** Digitally signed by BYRNE, TRACEY
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Principal name: Meagan Crelley

Signature: **Meagan Crelley** Digitally signed by Meagan Crelley
Date: 2022.06.07 15:02:17 +10'00' Date: Reviewed 7/5/2023