

# LEETON HIGH SCHOOL

## Newsletter

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Principal: Mr G R Horton

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Monday 4<sup>th</sup> March, 2013

*"Educating young people for active and responsible citizenship"*

*~~DEPUTY PRINCIPAL'S REPORT~~*

*~~PRINCIPAL'S REPORT~~*

Last week saw our first Parents and Citizens (P&C) meeting for 2013. Welcome to our new parents. Many topics were discussed including improving the canteen area, building a bus shelter, sprinkler systems for the school and improving the school's website. In addition to these the P&C discussed how best to support students with allergies.

Currently at Leeton High School we have several students who have severe allergies. These allergies are triggered by different sources. Over the next few newsletters we will provide information to parents and students on the best way to alert the school and suggest ways to reduce the risk of harm to students, in particular from anaphylaxis.

Wednesday this week students from all surrounding schools will take part in Vibe 3 on 3. Leeton Shire Council has been successful in securing this event in Leeton for the first time. Vibe 3 on 3 combines basketball, hip hop, dance and art to pass on a message of healthy lifestyles and positive community involvement. 50 Leeton High School students will be attending on the day, with Mr Hardie co-ordinating.

The Leeton High School Welfare Committee has developed a wonderful program for our Year 7-10 students with a Welfare Day on Monday 11 March. We have secured the services of renowned author, media commentator and advocate for women and girls, Melinda Tankard Reist. Ms Tankard Reist will work with all the students in groups throughout the day. She is working with all Leeton High School and St Francis College staff on Monday afternoon before talking at a community evening on Monday night and St Francis College students on Tuesday.

All parents, carers and community people are welcome to attend the evening session to be held at the Stan Axtill Centre from 7.30 – 9.00 on Monday 11 March.

Leeton High School is working to improve attendance throughout 2013. Parents and carers are reminded that if your child is away from school for any reason that a note explaining this absence is required upon return. School staff will follow up students who do not return with these notes.

Greg Horton, Principal

As in previous years I will endeavour to include an aspect from our 'Student Welfare & Discipline Policy' in each newsletter during the first semester. Following are the 'Rights and Responsibilities' of students developed by students of our school.

RIGHTS	RESPONSIBILITIES
<ul style="list-style-type: none"> <li>I have the right to <b>learn</b> in this school.</li> <li>I have the right to feel <b>safe</b> in school and on the way to and from school.</li> <li>I have the right to be <b>happy</b> and to be treated with compassion in this school.</li> <li>I have the right to expect <b>my property to be safe</b> at school.</li> <li>I have the right to be <b>treated fairly, equally</b> and with <b>dignity</b> in this school.</li> <li>I have the right to <b>be able to hear and be heard</b> in this school.</li> <li>I have the right to <b>learn and practise self-control</b> in this school.</li> <li>I have the right to the <b>peaceful resolution</b> of conflict.</li> </ul>	<ul style="list-style-type: none"> <li>I have the responsibility to <b>do my best at all times</b> and allow others to learn.</li> <li>I have the responsibility to make the school <b>safe and free from bullying</b>, including cyber bullying.</li> <li>I have the responsibility to <b>treat others with courtesy and respect</b>.</li> <li>I have the responsibility to <b>respect the property of others</b>.</li> <li>I have the responsibility to <b>treat others as equals, with tolerance and dignity</b>.</li> <li>I have the responsibility to <b>express my ideas and opinions</b> in an appropriate manner.</li> <li>I have the responsibility to <b>learn and practise self-control</b> in this school.</li> <li>I have the responsibility to learn to <b>resolve conflict</b> peacefully.</li> </ul>

Congratulations to the following students on achieving awards:

**Silver Diploma:** Nathan Wilkinson, Thomas Bullivant, Cate Mooney-Rapley, Gilbert Didden, Christopher Santos, Montana Bell and Ethan Lord (Year 7).

**Executive Awards:** Gilbert Didden, Thomas Bullivant (Year 7), Shanay Pizzolante (Year 8), Logan Cowling-Jones, Samantha Pianca (Year 9), Claire Quinlivan (Year 10) and Emily Barton (Year 12).

It is great to see that some Year 7 students have already qualified for Diplomas.

**Scott White, Deputy Principal**

### **ANAPHYLAXIS – (taken from the P&C Journal)**

Anaphylaxis is a severe and sometimes sudden allergic reaction. It occurs when a person is exposed to an allergen. Anaphylaxis is potentially life threatening and always requires an emergency response. The emergency response for anaphylaxis is immediately administering an adrenaline autoinjector and calling an ambulance.

“It is important that all parents understand the serious risk that anaphylaxis can pose to children and young people. Some parents find out that their children have anaphylaxis only after they have their first anaphylactic reaction,” said Greg Prior, deputy director-general Schools.

Recently, a kindergarten student, previously undiagnosed with anaphylaxis suffered a severe suspected anaphylactic reaction after reporting eating banana bread with nuts in it at home before coming to school. The school called an ambulance and on the advice of paramedics, administered an adrenaline autoinjector which was available as another student at the school had been diagnosed with the condition and had their autoinjector at school.

This action was crucial in saving the life of this student, who was in hospital intensive care for a number of days before being released and subsequently returning to school.

Prior to these new measures being introduced, unless a school had purchased a general use adrenaline autoinjector only students diagnosed with anaphylaxis would have access to an autoinjector.

“Students with diagnosed anaphylaxis are required to have their own adrenaline autoinjectors, but now every school will have one available for emergency use.”  
Mr Prior said.

### ***SCHOOL SPORT***

#### **SOUTH WEST SWIMMING 2013**

On Monday 18<sup>th</sup> Feb 2013 around 40 Swimmers and 20 other students acting as officials attended the South West High School Swimming Carnival. LHS put in a strong team

performance to finish 2<sup>nd</sup> overall, our best result in over 5 years. Along with the overall success of our team, Bryce Butler (15yrs), Lucas Meline (16yrs) and Liam Warburton (17yrs) were all named age champions and Robbie Rimmer (13yrs) and Laura Brindley (17+yrs) were both named runners-up. Bryce, Lucas, Liam, Robbie and Laura, along with Annalise Ramponi, Mackenzie Saddler, Bryce Demamiel and Martin Stevens have all qualified as individuals for the Riverina Carnival to be held on March 11<sup>th</sup>. Also our Open Boys 4x50m Medley relay team, 13yrs & 15yrs boys 4x50m relay team. Our fabulous officials must also be recognised as they performed their duties with professionalism and enthusiasm. Thanks must also go to the parents and staff who helped run the carnival

### **DAVIDSON SHIELD GALA DAY**

On Monday the 25<sup>th</sup> of February the open boy's cricket side travelled to Coleambally to participate in the first two rounds of the Davidson Shield competition.

LHS played Narrandera High in the first round and dominated with the bat scoring 7 for 163 off the allotted 20 overs. Luke Rimmer (51) and Corey Graham (38) batted sensationally and Bailey Wallace (15) smashed the only six of the innings. In reply Narrandera could only muster 39 with standout bowlers from LHS being Mackenzie Saddler who bagged 4 for 12 and Rhys Wilesmith who bowled scary fast and finished with 3 for 6.

After some controversy LHS played Wade High in the second game and mustered a decent score of 82 against a fired up Wade High attack. Bailey Wallace (19) and big hitting Rhys Wilesmith were the main contributors. Rhys smashed three sixes and a four in his score of 25. Wade High hit the winning runs in the 15<sup>th</sup> over having lost 6 wickets. Leeton High however will progress through to the third round of the Davidson Shield (due to Wade High being disqualified), which will be played in the near future. Thanks to Glen Saddler and Gary Wilesmith for providing transport to and from the game and to the open boys team for your outstanding representation of Leeton High.

### **ATHLETICS CARNIVAL**

Our athletics carnival will be held in the last week of the Term, Wednesday 10<sup>th</sup> and Thursday 11<sup>th</sup> April. If there are any parents that would like to help out on one or both days please contact the school on 6953 2122.

### ***SCHOOL NEWS***

#### **CONTROVERSIAL ISSUES INFORMATION FOR PERSONAL DEVELOPMENT, HEALTH AND PHYSICAL EDUCATION**

Personal Development, Health and Physical Education (PDHPE) are one of the key learning areas within NSW Public Schools. Our school's PDHPE program aims to help our students develop and lead healthy, active and fulfilling lives.

Our school's PDHPE program covers a wide range of educational matters including relationships, drug use, sexual

education, child protection, nutrition, road safety, resilience, fundamental movement skill development, and physical activity. Some of the content of the program deals with sensitive issues. The school recognises this by teaching about these issues within the context of a developmentally appropriate program by providing information to you about our programs.

The PDHPE program aims to encourage students to make informed decisions about their lifestyle, taking into account the values of family, culture and religion to which they belong. The school program will be implemented in a manner that supports the role of parents and caregivers, and reflects the ethos of the school community.

Below is an outline of the sensitive topics covered in each school year. Please feel free to contact the PDHPE staff should you have any concerns or queries about the content your child will be studying within the course this year.

#### Year 7

- Bullying and harassment
- Drug use
- Adolescence and change (puberty)
- Changes and Challenges (dealing with change, loss and grief)

#### Year 8

- Drug Use
- Exploring Risks
- Sexual health
- Relationships (abuse and power)

#### Year 9

- Drug Use
- Disordered eating
- Body image
- Resilience
- Relationships
- Sexual Health and Education

#### Year 10

- Health Promotion (including issues affecting young people such as road safety, drugs and alcohol and sexual health)
- Driver awareness and safety
- Safe Celebrations
- Out in the Real World
- Mental Health

### **WELFARE DAY**

On Monday 11th March, students in Years 7, 8, 9 and 10 will be attending our annual Welfare Day. Throughout the day a series of workshops and guest speakers will be appearing. There will be workshops hosted by Melinda Tankard Reist about how sexualised advertising affects our young people; the Police Youth Liaison Officer, Brooke Papasidero will be speaking on cyber safety; team building and outdoor activities, our Welfare and Discipline and our Anti-Bullying Policies will also be presented. There will also be workshops about personal presentation and self-esteem building. On Tuesday 12<sup>th</sup> March, students in Years 11 and 12 will be travelling to St Francis

College to hear Melinda Tankard Reist speak as part of their Welfare program.

Students will not be attending any classes on this day. They will need to bring their recess, however a barbecue lunch will be provided. Students are required to wear their full sports uniform, including shoes.

Attendance is compulsory, like any normal school day. If you have any questions or concerns about your child attending this day, please contact your child's Year Adviser.



Reading is an important part of your child's growth and development and they must be participating in some reading every day. The Premiers Reading Challenge has started again this year and the English department will be completing this with each of the GAT classes, as well as any other student who would like to participate. It is an ideal opportunity for parents to engage in some discussion about their child's school day as well as helping them achieve the best result possible. Students will be registering this week in class and complete the reading at home. Please encourage all children in Years 7, 8 and 9 to participate.

### **LHS SRC FUNDRAISER**

The SRC has 4GB wristbands for sale at only \$12!!

Available in: red, blue, black, green and purple. If you would like to purchase one please pay at the front office and take your receipt to Miss Scott in the English staffroom to collect your wristband.



### ***HUNGRY HOT NEWS***

We are having a great start at the Hungry Hut this year and it is lovely to see all the new faces utilising our great facility. There are lots of new helpers on our student helper roster so thank you kids for volunteering your services at recess time.

Also a big thank you goes to the following families for their donations of produce and food items to be sold in our canteen. These families are Butler (Bryce), Wilesmith (Rhys & Morgan), Bullivant (Thomas) and Nakubwai (Ben, Pio & Emani).

### **Wanted Parent Helpers-**

Are you available to help us out serving our students on a Friday 1.15 – 2pm? If so call the canteen 69532841 to find out more. We would like to welcome anyone who would like to volunteer their time in the Canteen, whether it be an hour

or a whole day we would love to see you, (and so would your kids ☺). This can be on a regular basis or whenever you would like to pop in. Our hours are 8.30am-2.30pm Monday to Friday.

Next Monday 11<sup>th</sup> March we are hosting an afternoon tea for 120 people and need help with cakes/slices for the event. Please contact us by Friday 9<sup>th</sup> March if you are able to help.

Also our annual sports carnival will be held on the April 11<sup>th</sup> and we will again be providing a canteen for the event. If you are able to help any time during the day, (10am – 1pm), please let us know.

All donations of help and food items are greatly appreciated.

Canteen Supervisors

MEGAN DAY      MICHELE DIEBERT      SHARON ELWIN

### **GOLDEN APPLE DOCKETS**

The Golden Apple docket promotion is running again this year. Please drop off all your dockets to the Front Office to support this great fundraiser.

### **DATES TO REMEMBER**

Mon 11<sup>th</sup> March – Riverina Swimming

Mon 11<sup>th</sup> March – Welfare Day

Wed 10<sup>th</sup>-Thur 11<sup>th</sup> April– Athletics Carnival

### **LEETON VOLLEYBALL**

Registration Night/Introduction Night

7pm Wednesday 6<sup>th</sup> March 2013

Leeton Indoor Stadium

Individual or Team Nominations

Cost: Adults \$90 Under 19's \$70 (includes insurance)

Contact: Lorraine on 6955 2604 or 0428 731875

### **LEETON JUNIOR RUGBY LEAGUE** **2013 FINAL Registrations**

Under 7-Under 14 Rugby League Players

Under 7-Under 16 League Tag Girls

Tuesday 5<sup>th</sup> March @ Leeton High School Ovals

Commencing at 5.30pm

Cost: \$50 per player (\$45 for all additional family members)

Full payment at the time of registration

All new players must bring their birth certificate.

Enquires: Aliesha McDonald 0418 968387

Or Matt Van Buuren 6953 7347

### **LEETON JUNIOR BASKETBALL**

#### **Registration days**

Saturday 9<sup>th</sup> March @ Jarrah Mall 9am-12pm

Wednesday 13<sup>th</sup> March @ Indoor Stadium 5pm-7pm

Saturday 16<sup>th</sup> March @ Jarrah Mall 9am-12pm

Contact: Melissa van Buuren 69537347

### **LEETON-WHITTON FOOTBALL/NETBALL CLUB**

SWJFL Netball – U11, U13 & U15

Would you love to join our wonderful and supportive club for weekend netball.

Leeton-Whitton Football-Netball club are looking for young ladies for U11 to U15

Cost: \$90, \$140 (2 girls), \$190 (3 girls)

Enquiries about netball please contact

Patrick Burke 0427 413894 or

Rachel Cody 0427 552585

### **ST JOSEPH'S DEBUTANTE BALL**

Friday, June 7, 2013

#### **INFORMATION EVENING**

For interested debutantes and a parent will be held **Thursday March 7,**

**7.30pm at Madonna Place**

Names will be taken at that time.

Girls must be in Year 12 or 17yrs old by

June 30, 2013.

Enquiries: Polly Greatz 6953 4023

### **LEETON PHANTOMS JUNIOR RUGBY UNION CLUB**

#### **Registration Day Saturday, March 2**

Under 7 – Under 17

9am-12pm Jarrah Mall

\$50 per player, \$20 for U7 & U9

(includes shorts & socks)

New players to provide birth certificate, private health insurance & medicare details

Expressions of interest for coaches U9 & U15 welcome

### **NEWSLETTER VIA E-MAIL**

Would you like to receive the school newsletter via your e-mail? If so please fill in the following and send it back to the front office.

Name: \_\_\_\_\_

E-mail Address \_\_\_\_\_